



Trans Health Project

Working for Transgender Equal Rights

American Academy of Dermatology

About the organization:

The American Academy of Dermatology, founded in 1938, is the largest, most influential, and most representative of all dermatologic associations. With a membership of more than 20,500 physicians worldwide, the AAD is committed to: advancing the diagnosis and medical, surgical, and cosmetic treatment of the skin, hair, and nails; advocating high standards in clinical practice, education, and research in dermatology; and supporting and enhancing patient care for a lifetime of healthier skin, hair, and nails.

Statements:

- [American Academy of Dermatology Association statement on legislative interference in health care for transgender patients](#)

The American Academy of Dermatology

- Strongly opposes recent efforts by state legislatures to restrict physicians' ability to provide care to transgender youths.
- Recognizes the dignity and identity of transgender individuals and advocates for dermatologists' ability to provide therapy and procedures that help the mental and physical well-being of these and all patients.

"Evidence has shown that transgender individuals who are forced to forgo gender-affirming care face an increased risk of mental health disorders including substance abuse disorders, and have higher rates of suicide. Transgender and gender-diverse individuals can benefit greatly from medical and surgical gender-affirming treatments. Treatments are often medically necessary for the health and well-being of these patients and are not to be considered as cosmetic or elective."

Date: June 1, 2021

- [Position Statement on Sexual and Gender Minority Health in Dermatology](#)

The American Academy of Dermatology

- "Recognizes that transgender and gender diverse individuals can benefit greatly from medical and surgical gender-affirming treatments.
- Supports evidence-based coverage of all gender-affirming therapy and procedures which help the mental and physical well-being of gender diverse individuals.
- Recognizes that gender-affirming procedures and treatments are not "cosmetic" or "elective" or for the mere convenience of the patient. These procedures are not optional in any meaningful sense, but are understood to be medically necessary for the health and well-being of the individual.
- Advocates for removal of barriers to care and supports both public and private health insurance coverage of gender transition treatment."

Date: March 4, 2019

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