Coverage for GnRH and/or hormone therapy for adolescents is considered *medical necessary* for:

A. GnRH use in Gender Dysphoria, when **ALL** of the following criteria are met:
   - 1. Fulfills the DSM V or ICD-10 criteria for gender dysphoria; and
   - 2. Has experienced puberty to at least Tanner stage 2; and
   - 3. Has (early) pubertal changes that have resulted in an increase of their gender dysphoria; and
   - 4. Does not suffer from a psychiatric comorbidity that interferes with the diagnostic work-up or treatment or mental health comorbidities must be reasonably well-controlled; and
   - 5. Has adequate psychological and social support during treatment; and
   - 6. Has the capacity to make a fully-informed decision and to consent to treatment; and
   - 7. Demonstrates knowledge and understanding of the expected outcomes of GnRH treatment, as well as the medical and social risks and benefits.

B. Cross-sex hormone treatment (testosterone or estrogen) in adolescents are eligible for if they:
   - 1. Fulfill the criteria for GnRH treatment, and
   - 2. Are 16 years or older.