Gender Dysphoria in Adolescents

Medically Necessary:

A. GnRH analogs are considered **medically necessary** for adolescents with gender dysphoria when all of the following criteria are met:
   1. Fulfills the DSM V criteria for gender dysphoria; and
   2. Has experienced puberty to at least Tanner stage 2; and
   3. Has (early) pubertal changes that have resulted in an increase of their gender dysphoria; and
   4. Does not suffer from a psychiatric comorbidity that interferes with the diagnostic work-up or treatment; and
   5. Has psychological and social support during treatment; and

Not Medically Necessary:

GnRH analogs are considered **not medically necessary** for adolescents with gender dysphoria when the criteria above are not met.